



# VALPROATE\* GUIDE FOR MEN OF REPRODUCTIVE POTENTIAL

Read this guide along  
with the Consumer  
Medicines Information  
(CMI) available by  
scanning the QR code  
on the box

## PATIENT GUIDE FOR MEN OF REPRODUCTIVE POTENTIAL: WHAT YOU SHOULD KNOW

If you are a man of reproductive potential taking any Sanofi  
medicine containing valproate\*, this guide is for you.

It contains key information about the potential risk  
of taking valproate when fathering a child.

Ask your doctor or pharmacist if you have any questions.

**KEEP THIS GUIDE. YOU MAY NEED TO READ IT AGAIN.**

\*This includes brands such as Epilim, Sodium Valproate Sandoz, Valpro EC and Valproate  
Winthrop.

**sanofi**



## What are the risks of taking valproate when fathering a child

If you father a child while you are being treated with valproate, a risk of impaired mental and/or motor development of the child cannot be excluded.

A study indicated a higher risk of impaired mental and/or motor development in children born to fathers treated with valproate at time of conception, compared to lamotrigine or levetiracetam, other medicines that can be used to treat your disease.



## What does this mean for you?

As a precautionary measure your doctor will discuss with you (and/or your parent/ caregiver):

- The potential risk of fathering a child if you are treated with valproate.
- The alternative treatments available for you.
- The need to use effective contraception.



At treatment initiation and during an annual visit, your doctor will discuss these risks with you to ensure you know and understand the risks related to the use of valproate when fathering a child.

**PLEASE REFER TO THE CONSUMER MEDICINES INFORMATION (CMI) FOR MORE DETAILED INFORMATION**